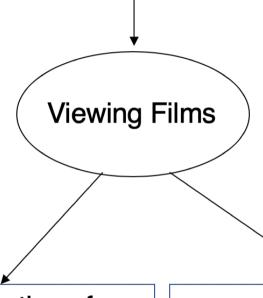
Eating disorders are complex, multifaceted



Confirmation of perspectives on the complexity of recovery

"Having been a physician to dozens of people (male and female) with eating disorders, I don't believe that I learned from these films. But I am reminded of depth, complexity, struggle/distress and resilience of humans in their journey of life and for those with eating disorders, their journey to recovery, whatever that is for them." (HCP 20)

Learning about diversity of recovery experiences

"Eating disorder recovery means many different things and is unique to the individual. It is often related to the individual's story of how they developed disordered eating. Aetiologies and solutions are therefore extremely varied." (HCP 3)